

# Rosemary Sykes

Bringing over 15 years of media experience to her coaching, Rosemary has worked with hundreds of business professionals on improving their presentation skills, executive presence and interpersonal skills. She has helped leaders be more effective in the boardroom, coached global division heads to better communicate departmental strategy, improved the on-camera impact of executive committee members, and helped sales teams enhance their pitches.

She focuses on delivering creative communication solutions to both individuals and organizations. Offering private coaching as well as group facilitation, Rosemary believes the best results come from identifying an individual's unique talents, and building on them.

She preps clients for panels, town halls, Q&A sessions, board meetings, industry conferences and webcasts.

Recognizing that a global workforce requires new approaches to learning, she has designed and delivered virtual training across the world, including Tokyo, Mumbai, London and Hong Kong.

Her media work has taken her to the White House, the Vice President's residence and Capitol Hill. She is a former VP of Talent Management at Lehman Brothers, and holds certificates from both the Columbia University Coaching and Cornell Diversity Management Programs.

